



FIRE UP
COACHING

RTO 22458

10857NAT

CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING (ONLINE)



**A UNIQUE FACILITATOR-LED COACH TRAINING
UPDATED TO ACCOMMODATE COVID CRISIS ICF
CHANGES**

UNTIL 31ST DECEMBER 2020, THE ICF COACH TRAINING GLOBAL BOARD HAS APPROVED A TEMPORARY MEASURE THAT CHANGES THE RATIO OF SYNCHRONOUS (HOURS OF REAL-TIME INTERACTION BETWEEN FACULTY AND STUDENTS) TO ASYNCHRONOUS (HOURS SPENT OUTSIDE OF REAL TIME INTERACTION BETWEEN STUDENTS AND FACULTY) INSTRUCTION FROM 80% SYNCHRONOUS/20% ASYNCHRONOUS TO 50% SYNCHRONOUS/50% ASYNCHRONOUS.



**NATIONALLY RECOGNISED
TRAINING**

WWW.FIREUP.COM.AU 1300 347 387



FIREUP COACHING OFFERS THE NEWLY ACCREDITED CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING (10857NAT) WHICH IS AN AUSTRALIAN QUALIFICATION THAT ALSO MEETS THE THEORY REQUIREMENTS FOR THE INTERNATIONAL COACHING FEDERATION PROFESSIONAL COACH CERTIFICATION (ICF PCC).

The ICF is the global professional body for coaching and has just released in November 2019 their newly updated 8 Core Competencies for professional coaching.

PURPOSE OF THE COURSE

The purpose of this course is to qualify individuals to work as accredited coaches, or leaders and managers to coach as part of their roles utilising solution focused approaches within contexts that include:

- Executive and Business Coaching
- Sales Coaching
- Health and Wellbeing Coaches
- Educational Coaches
- Career Coaches
- Leadership Coaches and Mentors
- Organisation Development Coach and Mentor
- Sports Performance coaches
- Leadership and Management Coaching

Graduates will be qualified to coach others as part of their leadership roles or establish their own coaching clientele

DEVELOP AN ADVANCED AWARENESS OF HOW WE AND OTHERS THINK, LEARN AND COMMUNICATE.



LEARN TO COACH AS YOU EXPERIENCE COACHING.

“ The skills gained at FIREUP have improved the quality of my life beyond anything I could have imagined ”

Melanie, General Manager
Mandalay Resources 2017

WHAT IS NEW IN 2020 ABOUT THIS COURSE?

The FIREUP course has been updated to reflect the newly updated 8 ICF core competencies.

The ICF recognised the need to update the core competencies due to:

- Rapid changes taking place in the external business environment
- Downsizing, restructuring, mergers and other organisational changes have radically altered the “traditional employment contract.” Companies can no longer achieve results using traditional management approaches and coaching qualifications meet the new needs
- With the growing shortage of talented employees in certain industries, companies must commit to investing in individuals’ development through coaching and mentoring
- The disparity between what managers were trained to do and what their jobs now require of them is widening due to increasing demands for competitive results Neuro Linguistic Programming (NLP)
- People are wrestling with job insecurity and increased workplace pressures to perform at higher levels than ever before
- Companies must develop inclusive, collaborative work environments to achieve strategic business goals and to maintain high levels of customer satisfaction
- Individual who have experienced the excellent results of coaching are talking to more people about it
- People today are more open to the idea of being in charge of their own lives. Coaching helps them do just that who have experienced the excellent results of coaching are talking to more people about it

WHO WILL BENEFIT FROM THIS CERTIFICATE?

- Leaders, executives and managers wanting exceptional interpersonal and communication skills
- Aspiring and professional coaches who are looking to develop skills and expertise
- Health and emergency professionals and personal trainers looking to deliver better health outcomes
- Individuals looking for a transformational personal development program
- Those looking for impactful face to face learning and on going peer support

WHAT DOES THE QUALIFICATION INVOLVE?

Completion of all 7 core units is required for the qualification.

6 core units have been developed by FIREUP Coaching to align with the ICF Core competencies being:

- NAT10857001 – Adopt a positive, supportive and flexible coaching style based on awareness of self and others
- NAT10857002 – Establish foundations of the coaching relationships
- NAT10857003 – Build rapport and evoke awareness in client
- NAT10857004 – Partner with a client to develop a coaching plan to facilitate growth and learning
- NAT10857005 – Facilitate clients' progress and accountability
- NAT10857006 – Challenge client to transform limiting beliefs and behaviour and align with core values

The 7th unit is from the Business Services Training Package

- BSBREL402 – Build client relationships and business network

FORMAT OF THE PROGRAM

FIREUP Coaching acknowledges the ICF's intellectual property in the development of this new program.

The online program is a combination of facilitator led webinars on video based platforms (such as zoom) and self-paced learning utilising our learner management system called Moodle.

The program consists of 4 Modules that have an introductory 1 hour webinar followed by 12 webinars of 2.5 hours each.

The total volume of learning meets the ICF requirements of an Accredited Coach Training Program (ACTP) of 125 hours and includes the 10 hours of Mentor Coaching required for ICF Accreditation.

How long does it take to complete?

The course content takes on average 6 months to complete and the required assessments are based on the individual completing them within a 12 month time frame.

REQUIREMENTS FOR PARTICIPATION

- Access to webcam and computer
- Commitment to attend facilitator led sessions



HOW MUCH IS REQUIRED OUT OF CLASS?

The program is designed to do the majority of your work in class and it is up to you how much additional reading, listening to podcasts and practising with your peers you do

WHAT IS THE ASSESSMENT PROCESS?

The participant is required to achieve competency in all 7 core units of competency in order to achieve the 10857NAT Certificate IV in Business and Personal Coaching.

Assessment is conducted in accordance with the Standards for Registered Training Organisations (RTOs) 2015 or its successor.

Assessments will be conducted in a real and simulated business environment that provides the opportunity to display coaching skills with clients, in a coaching context. On the job assessment activities will need to be completed in a private room to ensure confidentiality which could be a private room or meeting space in either a workplace or the training facility.

The evidence for assessment will be collected holistically over the duration of the course.

At the conclusion of the course participants will be assessed on a total of:

- 6 client coaching sessions
- 4 hours of Mentor coaching which will recorded on zoom or smart phone
- 6 triad coaching sessions with peers of 30 minutes each

Evidence of the client coaching sessions, mentor coaching sessions and triad session will require the student to submit documents as evidence to the Moodle.



PROFESSIONAL
TRAINING
TO HELP YOU
REACH YOUR
CAREER AND
LIFESTYLE GOALS



REGISTRATION

10857NAT CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING ONLINE 2020

PLEASE RETURN COMPLETED REGISTRATION FORM BY EMAIL

PRICING

\$8,500 (Standard) 15% off for 2 or more registration

PAYMENT PLAN

Deposit	Instalment 1	Instalment 2	Instalment 3
\$1,000 to secure booking	\$2,500	\$2,500	\$2,500

*To register for ICF membership, you must complete a minimum of 2 modules

*The easiest pathway to become ICF Accredited is to complete all 4 modules or other options email info@fireup.com.au

PERSONAL DETAILS

Please invoice directly to me

Please invoice my Company

Name:	Company Name:
Address:	Company Address:
Suburb: Postcode:	Suburb: Postcode:
Email:	Company Email:
Mobile:	Phone:
Date of Birth:	

PAYMENT DETAILS (Please tick)

TERMS AND CONDITIONS

Registration confirmation: Upon receipt of registration a written confirmation is sent. Payment policy: Non-refundable \$1,000.00 deposit upon registration, balance per payment schedule. Deposit is not refundable, at FIRE UP Coaching's discretion, it may be used as credit against future courses. Cancellation and transfer policy: Requests must be made in writing. Cancellation fees: 25% more than 7, 50% less than 7 and more than 2, 100% less than 2, business days prior to course commencement. No charge for approved substitutes. Course cancellation: FIRE UP Coaching reserves the right to cancel courses due to insufficient registrations or conditions beyond its control. Privacy policy: By completing this form participants agree to information being collected and used for registration and RTO reporting requirements in line with national privacy principles. Safety and security: Information, including after-hours measures, available on request prior to registration.

Cheque

EFT

BSB: 064 420 / Acc #: 1102 1198

Bank: CBA

Acc Name: FIRE UP Coaching

Visa/MasterCard

Cardholders Name: _____

Card Number: _____

Expiry Date: ____/____/____ CCV: _____

Signature: _____

I have read and agree to the terms and conditions

Signature: _____

Date / /



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