



FIRE UP
COACHING

10714NAT

DIPLOMA OF LEADERSHIP COACHING & MENTORING



**DEVELOP A CULTURE OF LEADERSHIP AND
COMMUNICATION SKILLS TO DRIVE LASTING
CHANGE WITHIN YOUR ORGANISATION.**

ENGAGE AND DEVELOP STAFF THROUGH COACHING AND HIGHLY EFFECTIVE
COMMUNICATION PRACTICES

LEAD THROUGH COACHING AND MENTORING

EMERGE AS A CUTTING EDGE LEADER WITH APPROVEN QUALIFICATION

WWW.FIREUP.COM.AU **1300 347 387**



IMPLEMENT A LEADERSHIP AND COACHING CULTURE WITHIN YOUR ORGANISATION

FIRE UP COACHING IS PROUD TO OFFER THIS NATIONALLY RECOGNISED QUALIFICATION, WHICH INCORPORATES THE CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING (10547NAT). THE CERTIFICATE IV IS APPROVED BY THE INTERNATIONAL COACH FEDERATION (ICF) AND RECOGNISED GLOBALLY.

Current global challenges mean individuals require greater flexibility and organisations need greater expertise in their approaches to leading people.

Coaching conversations stimulate and empower others to engage and achieve meaningful results in whatever area they desire.

WHY CHOOSE FIRE UP COACHING?

- Nationally Recognised Training Organisation RTO (#22458) specialising in coach education
- Nationally recognised dual coaching and leadership qualification (10714NAT) Diploma of Leadership, Coaching and Mentoring and (10547NAT) Certificate IV in Business and Personal Coaching
- Accredited Coach Training Provider (ACTP) with the International Coach Federation (ICF) for the Certificate IV in Business and Personal Coaching 10547NAT
- On going support and mentoring from ICF Accredited Coaches
- Licensed coaching conversation model, REACH



LEARN TO COACH AS YOU EXPERIENCE COACHING.

WE UTILISE TECHNIQUES AND FRAMEWORKS THAT DELIVER

- Emotional Intelligence Leadership
- Whole Brain Thinking
- Strengths Based Philosophies
- Positive Psychology
- Advanced Neuro Linguistic Programming (NLP)
- Herrmann Brain Dominance Instrument (HBDI) Profiling tool
- Emotional and Social Competency Inventory (ESCI) Profiling tool
- Leadership Neuroscience

WHY CHOOSE THIS PROGRAM?

- Face to face training
- Learn to coach and lead as you experience it
- Cutting edge research
- Master coach mentoring
- Peer to peer support
- Exclusive leadership and coaching content
- Access to FIRE UP Coachings extensive network

“The course is thorough and sets up the start of a journey into successful coaching. The facilitators offer a huge level of experience and a delivery style that adds to success. Amazing content in an amazing course”

- 2014 FIRE UP student, **Greg**



CERTIFICATE IV IN BUSINESS AND PERSONAL COACHING (MODULES 1 TO 4) IS AN ACCREDITED COACH TRAINING PROGRAM WITH THE ICF

WHO WILL BENEFIT FROM THIS DIPLOMA?

- Organisational leaders, emergent leaders, team managers and individuals within organisations required to lead, coach and mentor
- Health and emergency professionals and personal trainers looking to deliver better health outcomes
- Individuals looking for a transformational personal development program
- Those looking for impactful face to face learning and on going peer support

PROGRAM OVERVIEW

LEARNING MODULE 1: FOUNDATIONS FOR POSITIVE CHANGE

Introducing the core skills needed to successfully coach and lead others, on completion you will:

- Develop an advanced awareness of how we and others think, learn and communicate
- Have positive and solution-focused communication
- Understanding thinking preferences utilising the Hermann Brain Dominance Instrument (HBDI)
- Elicit important information through advanced listening and questioning skills
- Learn powerful Neuro Linguistic Programming (NLP) techniques to transform behaviour
- Create relationships based on trust and intimacy
- Utilise FIRE UP's own Coaching conversation model, REACH

LEARNING MODULE 2: CREATIVE PLANNING AND PRIORITISING

In learning the techniques and methodologies essential to supporting your clients or teams to plan and prioritise effectively, you will:

- Know how to access people's underutilised and unrecognised resources
- Stimulate an expansion of creative thinking and problem solving abilities in others
- Use techniques that overcome blocks to creativity and generate outstanding ideas
- Use tools that identify what is important and to plan and prioritise accordingly
- Design action plans aligned with key priorities

LEARNING MODULE 3: VALUES EXPLORATION AND BELIEF CHANGE

Develop your skills and ability to explore the complex area of values and beliefs to achieve the most fulfilling coaching outcomes so you can:

- Understand the development and relationship of individual and organisational values and beliefs
- Identify and challenge behaviours that are incongruent with values
- Enable adoption of new behaviours in line with values
- Support individuals and groups to align and evaluate goals against values
- Use models of language patterns to create self-awareness and empowerment

LEARNING MODULE 4: THE ACCOMPLISHED COACH

In this module you consolidate and further develop your knowledge and skills to be able to:

- Manage people's progress towards achieving goals and outcomes
- Use advanced techniques to challenge and sustain greater commitment and accountability
- Effectively promote coaching within any work environment
- Build and maintain relationships sustaining your coaching capability and practice
- Measure and continually improve your coaching capability or practice

LEARNING MODULE 5: IMPLEMENTING COACHING INTO THE WORKPLACE

You will be required to apply your knowledge and expertise to a workplace project utilising coaching to promote a culture of learning and increased employee engagement.

Underpinning theories you will include;

- Advanced NLP to enhance your coaching capability
- Organisational culture and how to implement coaching in organisations
- Emotional Intelligence Leadership
- Positive Psychology
- Neuroscience as it applies to leadership
- 360 degree feedback by utilising the Emotional and Social Competency Inventory (ESCI)

Each learning module is delivered over 4 days face to face (20 days training)

ASSESSMENTS INCLUDE:

- Herrmann Brain Dominance Instrument (HBDI) - In-class activity
- Module assessment questions
- Practical application of skills learnt and observed by assessment
- Book review
- In-class coaching projects
- Workplace project to introduce coaching and mentoring into your workplace/equivalent option

UNITS OF COMPETENCY

BPCCOA401A

Adopt a positive and flexible coaching style based on awareness of self and others

BPCCOA402A

Establish foundations of the coaching relationship

BPCCOA406A

Challenge client to transform limiting beliefs and behaviour and align with core values

BSBREL402

Build client relationships and business networks

BSBLED805

Plan and implement a mentoring program

BSBLED806

Plan and implement a coaching strategy

BSBLDR805

Lead and influence change

BSBLDR501

Develop and use emotional intelligence

BSBLED501

Develop a workplace learning environment

PSPGEN053

Provide leadership

LCMCOM001

Provide leadership in developing and implementing a coaching and mentoring plan

PSPGEN048

Support workplace coaching and mentoring



LEAD STAFF
TOWARDS
ACHIEVING
COMMON GOALS
AND OUTCOMES

“ Everything I was hoping for with so much more – the personal journey started, is just the beginning. Thank you ”

- 2014 FIRE UP student, **Cindy**

“ Each module broadens my world in regards to coaching ”

- 2014 FIRE UP student, **Jason**

RPL AND CREDIT TRANSFER

Candidates may apply for special entry or credit through the Recognition of Prior Learning (RPL) Process.

Please contact us for further information and application form.

PATHWAYS

Candidates who successfully complete the Diploma of Leadership Coaching and Mentoring (10714NAT) can continue on and complete other accredited or non-accredited education within the coaching, leadership or mentoring space. Please contact us for recommendations on future programs with FIRE UP Coaching or other providers in the industry.

ENTRY REQUIREMENTS

Entrants should have 3-5 years of business experience including engaging, communicating and understanding relationships with others in a business context.

Entrants should also have solid writing and oral communication skills.

A photograph of two women in a professional setting, likely a meeting or coaching session. The woman on the left is a Black woman with curly hair, wearing a white blazer, holding a pen and looking towards the other woman. The woman on the right is a white woman with long dark hair, wearing a dark blazer and a pearl necklace, smiling and looking back at the first woman. The background is slightly blurred, showing a whiteboard with some text and a plant.

START YOUR
JOURNEY TODAY



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